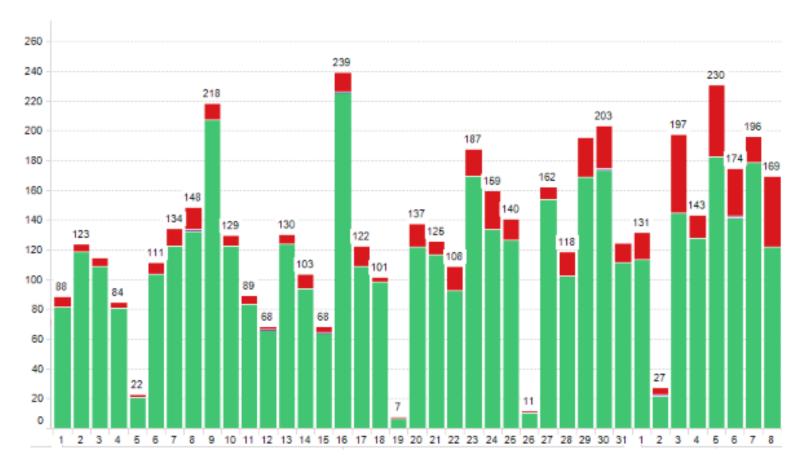


Jack Janoso, President & CEO Helen Harding, Chief Nursing Officer Dr. Renee Wagner, Chief Medical Officer Dr. Andrew Dagg-Murry, Infectious Disease

## **COVID-19 Testing Trends**

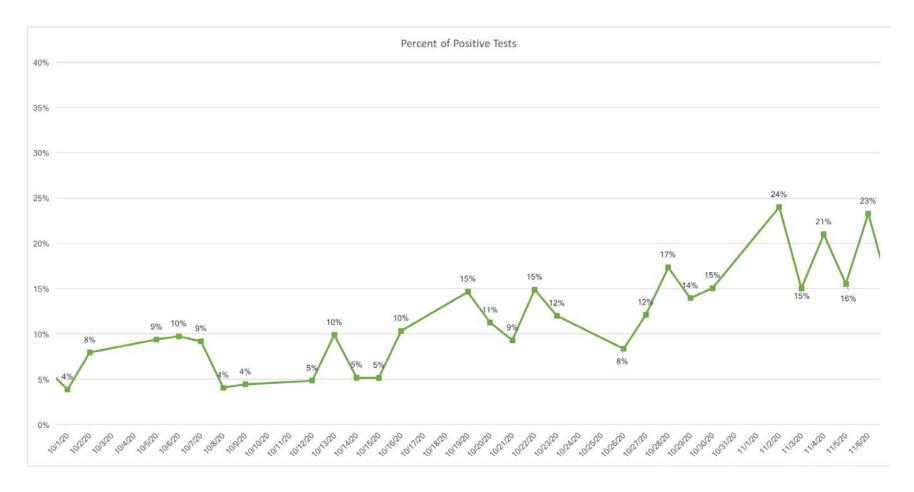
- We anticipated an increase in the number of tests performed.
- Our hope was that we would see the percentage of positive cases decrease or remain steady.



We're seeing an increase in the number of tests performed daily. More concerning, the percentage of positive tests is drastically increasing.

Data collected from Oct. 1, 2020 to Nov. 8, 2020





Since October, we have experienced an increase in the percentage of positive results.

### **COVID-19 Notes**

- We are seeing a shift from tests being ordered for procedure screenings to tests being ordered for a PUI (Patient Under Investigation).
- Our patients are coming in from "Community Spread" cases or events, not from congregate living facilities.

### **Protect Yourself & Others**

- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Practice social distancing by keeping at least 6 ft of distance between yourself and others.
- Avoid close contact with people who are sick.
- Stay home when you are sick (except to visit your healthcare provider).
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

## **Wear Your Face Covering Properly**

- Make cloth face coverings from household items or common materials. Use multiple layers of a fabric that does not damage or lose shape when laundered or machine dried.
- Coverings should fit snugly to your face while allowing for breathing without restriction. Wear horizontally and secure behind the head with ties or ear loops.
- Cover your nose, mouth and chin at all times.
- Wash your hands before putting on and immediately after removing.
- Launder coverings after each use.



# Feeling Sick? Stay Home! Except to Get Medical Care

- It is of the utmost importance to not go to work if you are sick. If you are sick, please stay home.
- Most people with COVID-19 have mild illness and can recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.
- Seek emergency medical care immediately:
  - Trouble breathing
  - Persistent pain or pressure in the chest
  - New confusion
  - Inability to wake or stay awake
  - Bluish lips or face



References: CDC, https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html#seek-medical-attention

## **Consider the Risk of Gatherings**

 Community levels of COVID-19 – High or increasing levels of COVID-19 cases in the gathering location, as well as in the areas where attendees are coming from, increase the risk of infection and spread among attendees. Family and friends should consider the number of COVID-19 cases in their community and in the community where they plan to celebrate when deciding whether to host or attend a gathering.

Reference: CDC, https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/personal-social-activities.html#gatheringshttps://www.google.com/search?q=if+you+are+sick+during+covid&ie=utf-8&oe=utf-8&client=firefox-b-1-ab



## **Hosting Gatherings**

Organizers and attendees of larger events should consider the risk of virus spread based on event size (number of attendees and other factors) and take steps to reduce the possibility of infection, as outlined by the CDC.

- Remind guests to stay home if they are sick
- Encourage social distancing
- Wear masks
- Clean hands often
- Limit the number of people handling or serving food
- Limit contact with commonly touched surfaces or shared items

Reference: CDC, https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html



### References

#### CDC:

- https://www.cdc.gov/coronavirus/2019-ncov/daily-lifecoping/personal-socialactivities.html#gatheringshttps://www.google.com/search?q=if +you+are+sick+during+covid&ie=utf-8&oe=utf-8&client=firefoxb-1-ab
- https://www.cdc.gov/coronavirus/2019-ncov/daily-lifecoping/holidays.html
- https://www.cdc.gov/coronavirus/2019-ncov/if-you-aresick/steps-when-sick.html
- https://www.cdc.gov/coronavirus/2019-ncov/symptomstesting/symptoms.html#seek-medical-attention

